

In today's age and time where everything is just a click away in their phones, it is very important we keep a close eye on who has access to information stored in our phones, She Finds reported.

The apps know a lot about us, even if we are cautious with granting permissions, the truth is that some apps are super savvy and can retrieve data without us finding out.

These apps often time also sell this private information to buyers ranging from advertisers to law enforcement agents in order to gain profit.

Therefore, experts suggest deleting these five apps from your phones:

Dating apps work by compiling data to find suitable matches for users. These apps know your interests, locations and much more. And there have been instances where dating apps have released information to news outlets.

Facebook has repeatedly been accused of sharing data with third party apps, advertisers and local service providers.

TikTok also tracks what you watch and search.

As per reports, weather apps in addition to location have been accused of stealing other data and selling it for profits.

Usually, when a multi-player game is free, it relies on your location and other data to make profits. In reality, things that are free, are not always free.

Many delivery apps share data with third party apps to support its algorithm.