

UNFPA Conducts Workshop on Psychosocial Support for Families in  
Turkmenistan

From February 10 to 12, 2025, the United Nations Population Fund (UNFPA) Office in Turkmenistan held a three-day workshop on psychosocial counseling for women and families in difficult life situations. The event was held at the UN building in Ashgabat and brought together more than 30 specialists, including psychologists, social workers and representatives of public organizations.

The aim of the workshop was to enhance the qualifications of specialists in the field of psychosocial counseling, and to train them in methods of working with women affected by violence and other crisis situations.



During three days, the participants discussed a wide range of topics, including issues of gender socialization, various aspects of domestic violence and its impact on psychological

health, as well as methods of psychological assistance. Special attention was given to the issues of self-care and professional development of specialists.

The workshop was attended by representatives of the National Red Crescent Society of Turkmenistan, psychologists and social workers of Family Support Services from all velayats of the country, as well as representatives of the public association "Keyik Okara". The workshop was supported by UNFPA international consultant.

Participants emphasized the importance of an interdisciplinary approach in providing assistance to women and their families in crisis situations and reviewed modern methods of psychological support.

The workshop marked an important step in the development of the social support and psychological assistance system in Turkmenistan. UNFPA will continue to support initiatives aimed at improving the quality of life for vulnerable groups, including women affected by domestic violence.