

ChatGPT users should think twice before using artificial intelligence for psychological assistance or personal advice. The head of OpenAI Sam Altman said that in the field of AI there is no legal protection of the confidentiality of such conversations as in the case of a doctor or lawyer.

In a recent interview with Theo Von, Altman's podcast explained that people often share the most personal experiences with ChatGPT – problems in relations, life difficulties. But unlike real experts, AI has no legal secret communication. This means that if a lawsuit arises, correspondence with AI can be provided to the court.

Altman considers this a problem and hopes that in the future there will be the same protection for conversations with AI as for a doctor or lawyer. Now the company is struggling with court orders that require maintaining data from millions of ChatGPT users for investigations.