

The programmer and teacher of the Moscow School of Programmers Kirill Sitnov said that the use of non -original chargers and fast charging can reduce the service life of the smartphone battery. The expert explained that fast charging accelerates the degradation of the battery due to high currents.

Sitnov recommended avoiding complete discharge-hold the charge at a level of 10-15%, and not to charge the battery up to 100%-within 80-90%. The expert emphasized that charging up to 100% on high currents can lead to boiling electrolyte.

He also noted that the use of cheap powerbanks with poor -quality controllers is harmful to the battery. In addition, it is important to maintain the optimum battery temperature, avoiding overheating and hypothermia.