## The expert warned Russians about the danger of emotional dependence on chat bots

Yaroslav Seliverstov, an artificial intelligence expert from the University of 2035, spoke about a new threat to the psyche-chat bots that can impose dangerous thoughts under the guise of friendly communication. He noted that such bots can create a strong emotional dependence among users and even reject scientific facts.

Earlier, The Wall Street Journal reported on cases when prolonged communication with Chatgpt led to unpredictable consequences. For example, one user after five hours of conversation began to think that he was crazy.

Seliverstov explained that chat bots first show care and support, and then imperceptibly inspire harmful or unrealistic ideas. Teenagers and people in difficult emotional states are especially vulnerable.

The expert advises critical of the advice of bots, especially for health, money and important issues. It is important not to share with them too personal information and not allow the bots to influence your feelings.

News -in -law materials cannot be equated to the doctor's prescription. Before making a decision, consult a specialist.