

In Russia, they will create a digital profile of a healthy person

In Russia, a scientific project is being implemented to create a digital human health profile. The initiative is aimed at studying aging processes and developing methods for extending active longevity.

The pilot project started in a closed city of the Lesnaya Sverdlovsk region, where a comprehensive examination of thousands of healthy people is being carried out. Modern methods analyze various markers indicating the transition of the body from a state of health to a state of disease.

To process the collected data, it is planned to attract artificial intelligence. The accumulated information will help create a personal digital passport of health, taking into account the genetic and epigenetic characteristics of each person.

According to the organizers, the project will allow you to track the accumulation of dangerous markers and develop individual recommendations for slowing down the aging process. The key task is to ensure the harmonious aging of all organs of the body.

The project is implemented by the joint efforts of Rosatom, FMBA and the Ministry of Education and Science of Russia. Leading scientists participate in the research, including members of the Russian Academy of Sciences.