

Taipei, Chinese Taipei — From 9 to 14 December 2025, the international seminar “FISU Healthy Campus” was successfully held. The event aimed to promote healthy lifestyles in higher education institutions, support the physical and mental well-being of students, and facilitate the exchange of international experience.

The seminar brought together representatives of the Central Asian University Sports Federation, the International University Sports Federation (FISU), the Asian University Sports Federation (AUSF), and other international partners. Turkmenistan was represented by Serdar Gurdov, Secretary General of the National University Sports Federation of Turkmenistan and senior lecturer at the Turkmen State Institute of Physical Culture and Sports, who presented the country’s achievements and experience in student sports.

Participants discussed modern methods of protecting student health, implementing healthy lifestyle practices, and improving psychological support systems. International strategies for creating safe and healthy university environments were presented.

The main components of the “FISU Healthy Campus” programme were explained in detail. The programme aims to develop health, sports, welfare, and management systems in universities in accordance with international standards.

Special attention was given to the role of digital technologies in health monitoring. Leading global practices in this field were shared.

Turkmenistan’s representative delivered a presentation titled “Development of Student Sports in Turkmenistan within the Framework of FISU Healthy Campus Initiatives,” highlighting ongoing work, international cooperation, and future plans.

FISU Healthy Campus is an international programme created by the International University Sports Federation to promote healthy, sustainable, and safe environments in higher education institutions. The programme includes a special rating system evaluating universities according to international criteria.

The rating assesses universities in:

- student health protection,
- expansion of sports opportunities,
- welfare and administrative development.

This system encourages universities to meet global standards and create a supportive

educational environment.

The Turkmen State Institute of Physical Culture and Sports has been included in the international “uniRank” rating since 2005, which evaluates the online popularity of universities worldwide.

The National University Sports Federation of Turkmenistan is:

- a member of FISU since 1995,
- a member of AUSF since 2004,
- a member of CAUSF starting from 2025.

In 2024, the institute was officially admitted to the International Association of Universities of Physical Education and Sport, marking a new stage in international cooperation.

The “FISU Healthy Campus” international seminar played an important role in promoting healthy lifestyles in universities, supporting student well-being, and studying international experience.

The event provided opportunities for knowledge exchange, discussion of new initiatives, and defining future cooperation. It opened a new stage in Turkmenistan’s international engagement in student sports and strengthened the position of national universities in global rankings.