

At the international weightlifting competition held in Doha (Qatar), Turkmenistan's national team delivered an outstanding performance, securing a total of **12 medals**. The tournament includes three prestigious events simultaneously, underscoring the significance of the team's achievements.

Gold medal triumphs

Bunyad Rashidov (up to 71 kg) became a double champion, winning:

- gold in the snatch — **145 kg**,
- gold in the total — **314 kg**, and also silver in the clean and jerk — **169 kg**.

Other medalists

Medine Amanova (up to 63 kg) earned three silver medals:

- snatch — 91 kg,
- clean and jerk — 111 kg,
- total — 202 kg.

Ogulshat Amanova (up to 53 kg) claimed three bronze medals:

- snatch — 77 kg,
- clean and jerk — 93 kg,
- total — 170 kg.

Gaýgysyz Torayev (up to 79 kg) added to the team's success with:

- silver in the clean and jerk — 190 kg,
- bronze in the total — 330 kg.

Zibagul Soymushova (up to 58 kg) secured a bronze medal in the snatch — **78 kg**.

International scale of the event

The Qatar Cup brought together **234 athletes from 28 countries**, making Turkmenistan's results particularly impressive. The competition will conclude on **27 December**.

The strong performance of Turkmenistan's team highlights the high level of the national

Turkmenistan's national team wins 12 medals at the Qatar Cup

weightlifting school and the growing international recognition of Turkmen athletes.